

Calgary jewelry designer creates We Are One necklace

Item symbolizes how we are all connected

BY MARIO TONEGUZZI, CALGARY HERALD APRIL 17, 2014



Calgary jeweller Bhawana Clark has made We Are one necklaces to show how we are all connected. Pictured are, Bhawana Clark, bottom middle, then moving clockwise, Janice Kendall, Sheri Rosenuue, Sandi Ferchau, Karen Klassen, Katharina Kunz, Lise Lake and Leanne Griffith.

Photograph by: Courtesy Dave Kunz, Calgary Herald

CALGARY - Jewelry designer Bhawana Clark's creations are eye-catching.

The Calgary entrepreneur has also come up with human adornments that are meaningful.

Her latest project is a unique necklace called We Are One.

“What this necklace represents to me is more than just a necklace. What it represents to me is that we’re all inter-connected and energetically we are one,” Clark tells me recently at her store in Inglewood, which has been in business for just over a year. “This is so powerful that people don’t realize that when we show kindness to one another, that kindness not only radiates to the person we’re being kind to but that kindness radiates within us. And that kindness radiates to that person and it vibrates to the rest of the world globally.

“In order for us to make an impact and change the world, we need to really change ourselves individually and as we change ourselves individually we make an impact not only on ourselves but on our family . . . on our friends. It radiates into the community, the city, the country, and globally as well.”

Good thoughts, words or deeds. They are all inter-connected.

And that is the message of the necklace. Clark wants to make a positive contribution in changing the world for the better. And she’s doing it through her jewelry designs.

An example of that is four of her customers - friends among themselves - bought one necklace which they are currently sharing. It’s a sign of their commitment to each other. They are sharing each other and each other’s lives including each other’s energy. And it is a sign of their connection to each other.

“I just thought how energetically we are connected and I wanted to bring that across with my jewelry,” says Clark. “I always wanted to do healing work so this my way of bringing healing into the world, not only through the stones but my words as well. Hopefully help transform and inspire people’s thinking and people’s consciousness. And I recognize how important it is that we realize how much we impact each other by our words, by our thoughts and by our deeds.”

She has made 30 Sterling Silver Necklaces with Chalcedony, and Rose Quartz stones, with the words “We Are One”, and “Love” on the large sterling silver toggle at the front of the necklace. There are also 30 Sterling Silver Necklaces with Citrine stones, with the words “We Are One” and “Love” on the large sterling silver toggle at the front.

And the stones themselves have significance.

Chalcedony is a nurturing stone that aids good will and group stability. This stone absorbs negative energy and destroys it, stopping continuous transmission. It creates an open and enthusiastic person, by converting selfishness into generosity, fear into love, says Clark.

Rose quartz is the most important crystal for the heart. It is the stone of unconditional love. Rose quartz is effective in attracting love and relationships towards you.

Citrine is one of the most powerful stones that cleanses and heals. Citrine is a stone of joy, wealth, self esteem, and it is also an extremely protective stone, she explains.

They retail for about \$475.

“Energy is circular, the energy starts with us in thoughts, words, and actions, it affects everything on its path, then going full circle it ends up back to us whether positive or negative,” says Clark.

“When we hurt another person, it not only hurts that person but that energy has a rippling effect that reaches globally, similarly when we show love and kindness to another this also has a rippling effect from that person to the rest of the globe. We can compare it to throwing a stone into the water. The energy of the stone impacts greatly where it lands and then that energy vibrates out to the rest of the water.”

Catrin, Tracy, Carol Ann and Deb are the friends who are sharing one of the necklaces.

It travels between their homes in Edmonton, Calgary and Vancouver every quarter and it has travelled extensively with all of them to places like London, Paris and New York City. It is a constant reminder of their friendship and how their lives are connected.

And it’s a good reminder for all of us, especially in this day and age when life seems to be a blur. Although we are all individuals, at the same time we are all connected. Nurturing that connectedness is good for the soul of humans and communities.

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